



SURGICAL REMOVAL OF SKIN GROWTH DOCUMENT

General Information:

Cells of the skin and underlying tissue can accumulate and cause growths. The human skin is subject to a variety of abnormal growths that are commonly benign (harmless).

Procedure:

A professional medical team will be performing the procedure. Local anesthesia, Lidocaine, xylocaine and related anesthetics will be used to numb the treatment layer. Once the treatment area is anesthetized the skin growth will be pulled taut and a surgical scissors/ blade will be used to remove the growth. Once excision is complete, minimal bleeding will be controlled by pressure and then the area is sutured and dressed. Dressings can be removed 12hrs post procedure. Follow up is required on day 10, post procedure.

Side Effects:

Side effects are minimal in most procedures, however they may include; pain at treatment site, swelling, scarring and crusting. Within the first 10 days post procedure, there is a risk of minimal bleeding, infection, discomfort in the general area, redness and bruising. Later effects include; loss of hair and pigmentation and poor healing. There is a minimal risk of recurrence of skin growths in same or different location, based on genetic predisposition (this risk is especially seen in keloid removal and hence it may be recommended for treatment with steroid injection 6-8 weeks post procedure).

Contraindications:

Avoid medications or supplements that can affect blood clotting; such as aspirin, ibuprofen or vitamin E for at least 10 days before major skin growth removals.

Post-Procedure Care

1. Patients can remove dressings 12hr post-procedure.
2. Keep the treatment area clean and dry. Clean with Normal Saline solution and avoid using any creams, ointments or powders on the treatment area unless otherwise indicated by attending doctor.
3. Recovery time is minimal and a follow up session is required on Day 10, to assess healing process and screen for complications. If an infection occurs, antibiotics may be required and prescribed by the attending doctor.

Rejuvenation Treatment

Body scrubs, skin repair infusions and microneedling are options for skin repair, additional smoothing and skin matching in cases of Post-Treatment marks, scars or hyperpigmentation.

* see microneedling document.

Patient Consent:

Consent and authorization for this procedure is strictly voluntary. Signatures on the consent document authorizes Europa Medical Spa and associated offices/ medical professionals to surgical methods for growth/scar removal and use Lidocaine as an anesthetic agent.

Patient Name:

Patient Selected Procedure:

Client Signature

Witness Signature