



DIABETIC WOUND CARE PROCEDURES

Minor wounds, cuts, and burns are an unfortunate but unavoidable part of life. However, for people with diabetes, these injuries can lead to serious health issues. Many people with diabetes develop wounds that are slow to heal, do not heal well, or never heal.

Sometimes, an infection might develop. An infection can spread to tissue and bone near the wound or more distant areas of the body. In some cases, and without emergency care, an infection can be life-threatening or may even be fatal. Even when an infection does not develop in a wound, slow healing can adversely affect a person's overall health and quality of life. Cuts or injuries on the feet or legs can make walking difficult or exercise painful.

We offer the appropriate treatment of a diabetic foot ulcer:

- We offer careful monitoring of diabetic wounds. While wounds might heal slowly, it is not normal for them to remain open for several weeks, to spread, ooze, or become extremely painful.
- We offer dressing changes in a clean environment and using sterilised equipment under the care of medical professionals. While an infection might not develop in every ulcer or wound, the first step to preventing it is to clean the wound and cover it with a clean bandage. As well as Applying medication or dressings to the ulcer. Repeat this daily or as necessary. A person will often need to take antibiotics to combat any infections and might require hospitalization if the wound is severe.
- Removing dead skin and tissue, called “debridement”, this may be done at every visit as necessary and is very important for infection control
- Aid and advice on proper glycemic control, that is managing blood glucose and other health problems

Rejuvenation Treatment

Body scrubs, skin repair infusions and microneedling are options for skin repair in cases of Post-Treatment marks, scars or hyperpigmentation.

* see microneedling document.

Patient Consent:

Consent and authorization for this procedure are strictly voluntary. Signatures on the consent document authorize Europa medical spa and associated/ appointed offices/ professionals to use injection methods, medical or therapeutic skin repair methods/ with or without use of Lidocaine to perform procedures.

Patient Name:

Patient Selected Procedure:

Client Signature

Witness Signature