

## **EXPRESS PROFESSIONAL- COURSES 2020**

In collaboration with Pierre Academia online education, Europa Aesthetics aims to provide accessible express courses for professionals already in the field of beauty and newly interested persons who may wish to build on their studies later. Our certification originated in Europe, however quick-pro courses are not at NVQ status as with our longer courses. Hence, persons wishing to work aboard may consider full training with our extended programmes.

### **ENTRY REQUIREMENTS**

- 1. 2 FORMS OF IDENTIFICATION**
- 2. PROOF OF ADDRESS**
- 3. Certificates of Education**
- 4. 60% Fee Deposit**

## **QUICK-PRO FACIAL COURSE -3500.00TT (6 WEEKS)**

### **COURSE OUTLINE**

#### **Phase 1- online theory Class**

- 1. INTEGUMENTARY : Skin anatomy & Skin Analysis (facial skin)**

#### **Phase 2- in class practicals**

- 2. Facial Therapeutics 1**
- 3. cleansing, methods exfoliation (see E1101)**
- 4. Facial Treatments 2 (spa procedures and techniques)**
- 5. Luxury Spa Facials (beauty care method)**

**MATERIALS KIT : 1200.00TT**

#### **PAYMENT PLANS**

**2000.00 DOWNPAYMENT 1500.00 BALANCE BY WEEK 3  
KIT REQUIRED FOR PRACTICALS FROM WEEK 2 OF COURSE.**

## **QUICK-PRO MASSAGE COURSE -3500.00TT (6 WEEKS)**

### **COURSE OUTLINE**

#### **PHASE 1- ONLINE CLASS (2 SESSIONS)**

- I. Basic Musculature anatomy and physiology - online studies**

#### **PHASE 2 - PRACTICALS -( 4 SESSIONS)**

- II. Procedure Management- Sanitation & safety (2 credits)**
- III. Muscular-manipulation methods- massage movements ( 2 credits)**
- IV. Swedish Aroma therapy massages- Relaxation methods (2 credits)**
- V. Deep Tissue Massages- Treatment by depth (2 credits)**

**COURSE KIT - 600.00 (OILS AND BODY SCRUB SET)**

**PAYMENT PLAN**

**2000.00 DOWNPAYMENT**

**BALANCE BY WEEK 2**

**KIT REQUIRED BY START OF WEEK 3.**

**Makeup & Facials Programme - 3500.00TTT 6 weeks**

**Outline**

**Basic to High Definition Makeup**

- ❖ Skin Preparations- cleansing & prime
- ❖ Brow Preparations
- ❖ Basic foundations
- ❖ Transition & shading.

**L2 HD MAKEUP**

- ❖ HD Foundations/ strobing Techniques
- ❖ Eye Makeup Applications:-
  - Color Transitioning Techniques & Color Theory
  - Wing Design:- (Simple & Arabian)
  - Strip Lash Application
- ❖ Lip Contouring:- (Standard & Corrective)
- ❖ Cleanse, Polish & Brighten Facial Procedure (N/A to makeup only courses)

**DOWNPAYMENT**

**2000.00 ADVANCE PAYMENT**

**1500.00 Balance week 2**

**Course Kit 1200.00TT required by week 2 of programme**

Shorter courses eg. 2800.00 programme full payment required on start.

Kit 850.00 required by end of week 1 of the 4 weeks

**MANICURE & PEDICURE COURSE- 2200.00TT ( 4 WEEKS)**

**Course Intro**

**Basic hand and foot anatomy & consulting**

- 1. Cleansing methods- service preparation**
- 2. Soak and repair- therapeutic softening**
- 3. File and prep - foot rasps/ nail filing**
- 4. Cuticle management**
- 5. Polishing techniques**
- 6. Finishing procedures**

**This course requires full payment before starting. Kit fees - 450.00TT due by 2<sup>nd</sup> session**