



EUROPA MEDICAL MESOTHERAPY TREATMENT

WHAT?

Mesotherapy involves minute injections of vitamins and biological materials into the mesodermal or middle layer of the skin. It is more superficially layered than standard dermal filler. Mesotherapy collagen injections produce semi-permanent effects by stimulating new collagen production in the sunken areas such as acne scars, lines, folds. Mesotherapy injections for wrinkles or folds however lasts 6-8 months in aging skin and can be up to one year in younger firmer skin. Materials for mesotherapy are pure vitamins, minerals etc or can be mixed with volumizing hyaluronic acid. Mesotherapy can also be medicinal, treating pain, anti-inflammatory, weightloss etc

WHO?

Typical Candidates for cosmetic mesotherapy are anti-aging, acne management, contour repair, hair & scalp repair patients and pigmentation repair clients. The older the client/patient, the more treatment may be needed over any a given time period for complete rejuvenation.

Scars & Anti-inflammatory

Mesotherapy can be utilized to reduce local inflammation with medicines such as zinc and vitamin c injected. It has also been used by Europa Medical for skin lightening injections of vitamin C or Kojic acid.

HOW?

All Mesotherapy materials are safely measured and mixed under sterile lab conditions. The needles and materials are sealed from air at all times prior to use. Mesotherapy injections are predominantly superficial and superficially removes lines and folds with a series of injections. Anesthesia, namely 2% lidocaine is used in small amounts to reduce procedure pain.

PREPARATIONS, PRECAUTIONS, AFTERCARE

In a similar fashion to dermal filler, all skin injecting procedures involve swelling, redness, bruising, irritation, bumps, possible. Rare side effects include hyper- pigmentation, scars, delayed hypersensitivity, skin infections can occur with less than optimal sanitation at the treatment site. Make-up and other cosmetics should be avoided for 24-48 hours. General occurrence of these side effects last 7-14 days on average and is worsened by use of vitamin E, fish oils (omega oils) NSAIDS and other inflammatory food and medications. In preparation for mesotherapy a client should use less of these irritable foods and medications It is in the patients best interest to avoid use of topical skincare that includes these irritants listed. The best choice would be an organic hyaluronic solution, serum or light cream lotion.

The patient must have lots of water (1.2- 1.5ml per day minimum) to maintain results. Treatment of excessive or prolonged swelling may include minute steroid injections to the affected area or complete tissue flooding with injection and oral doses in cases of severe allergic reactions. General allergy signs are hives, itching and redness that does not subside, pustular pimples, weeping sores. Sensitivity on ranges 1-4 are generally treated with prednisone 20mg daily and injections to site. Patients with allergies to vitamin C and Collagen should access pure hyaluronic acid treatment or no treatment at all. Mesotherapy is a voluntary dermatological treatment. Patients must provide consent to treat.

EUROPA DERMATOLOGIE SKIN CLINICALS

My signature below means that:

- I have read and understand this consent form.
- I have been given all the information I asked for about the procedure(s), risks, and alternatives.
- All my questions were answered.
- I agree to everything explained above.

procedure Name _____

Client Signature : _____

Dr/RN/ practioner: _____

Date signed: _____

Witness: _____

Date signed: _____