



## **EUROPA ESMOD BODY THERAPY CERTIFICATE L1**

### **Introduction**

This Massage & healing body scrub therapy course is designed to meet the needs of practicing and new therapist in muscular & skin repair. Via underscoring anatomical concepts and practical treatment selection and methods massage therapy and body scrub therapy can provide health and aesthetic relief . This 10 week intensive course carries 60 credit hours derived from practical attendance, assignment completion and final workshop conducted by Europa Medical Spa and Skin Clinic Limited and undersigned agents. This programme is a registered Europa International course that ensures preparedness for international license exams.

### **COST AND DURATION**

**12 WEEK PROGRAMME**

**600 USD- Credited or Online Delivery**

**800 USD -Standard Blended Delivery.**

### **ENTRY REQUIREMENTS**

- 1. 2 FORMS OF IDENTIFICATION**
- 2. PROOF OF ADDRESS**
- 3. Certificates of Secondary Education**
- 4. 50% Fee Deposit**

Note: an institutional reference letter can be provided along with three (3) client references for candidates working as a masseuse without formal education. This substitutes the educational requirement.

### **COURSE OUTLINE**

- I. Basic Musculature anatomy and physiology ( 8 credits)**
- II. Business & Ethics - Consulting and business etiquette (2 credits)**
- III. Procedure Management- Sanitation & safety (2 credits)**
- IV. Muscular-manipulation methods- massage movements ( 2 credits)**
- V. Massage by Muscle groupings- treatment by location ( 2 credits)**
- VI. Aroma therapy massages- Relaxation methods (2 credits)**
- VII. Deep Tissue Massages- Treatment by depth (2 credits)**

**VIII. Basic Skin structure & Function (2 credits)**

**IX. Body exfoliation - Body scrub treatment methods (2 credits)**

**PRACTICUUM**

Course practicum carries 25 credits obtained over 10 practicals done under supervision of instruction team members. Four (4) are course assignments, six (6) are in-workshop practicals. Practicum is compulsory for certification.

The practicum is designed to solidify knowledge of treatment and methods of treatment. Practical are scheduled at your school or via practical workshops set up by your course provider. Experienced therapist can access online practicals for course completion. Final Exam OCTPE concludes programme.

**OCTPE- ORAL CRITICAL THINKING & PRACTICAL EXAM**

This two hour exam takes place at the end of practicum submission. The exam carries a required 11 credits.

**Financial Aid Services**

- 1. Two-part & Three-part payment plans are available to external students.**
- 2. Company students and staff benefit from minimum payment options and service deduction payment methods.**

Information on both methods are available at Europa medical spa offices or agents or contact [www.europaesmod.org](http://www.europaesmod.org) or contact our offices at 1-868-298-4295